



FAITH **AT** HOME

Making Faith Come Alive for Your Family



Make the faith come alive for your family during Holy Week.

- Pray an [Our Father](#) each day.
- Have you returned to Mass during COVID-19? If not, consider watching this [Story of Hope](#) to hear the experiences of those around the diocese.
- Your family can make a [spiritual communion](#) when attending a [virtual Mass](#).
- [Palm Sunday](#) is Sunday, March 28th and begins [Holy Week](#).
- The [Easter season](#) begins with the Vigil Mass on Saturday, April 3rd and lasts through Pentecost Sunday, May 23rd. Pray the [Regina Caeli](#) each day during Easter.
- Read [Bishop O'Connell's Easter message](#).



Any Plans for Holy Week?

Young Adults

Young people between the ages 18 and 39 are part of the young adult community and experience a variety of life stages. [Learn More >](#)



Newly Married

Two people coming together to form something completely new - a brand new family where one didn't exist before. [Learn More >](#)



Families with Young Children

Becoming parents for the first time-- a tremendous blessing but also a tremendous challenge. This is for parents with children who are between 0-5 years old. [Learn More >](#)



Families School-Aged Children

Catholic families with school-aged children (6-12 years old) a diverse group, but all have the same basic goal – to form loving, caring relationships and provide a solid foundation for children so they can reach their full human potential. [Learn More >](#)



Families with Adolescents

Parents of teenagers (13-18 years old) who are dealing with so many pressures to raise purpose-driven, faith-filled kids. [Learn More >](#)



Single/Married Adults

Single adults or those who are married with no kids at home. Many parents have launched children and are entering into the "empty-nest" stage. [Learn More >](#)



Golden Years

Singles or couples in their golden years who've embraced their vocational calling and are now called to adjust to such changes as retirement, financial challenges, health issues, losing independence, and end-of-life issues. [Learn More >](#)



HOLY WEEK 2021 Liturgical Readings

To prepare for Mass, read the Gospel before you attend. Following Mass, **discuss** the question posted below with your family.

[Palm Sunday-March 28](#) Take some time to reflect on this key passage in today's reading "Jesus said, 'Amen, I say to you, one of you will betray me'..." (the disciples responded) 'Surely it is not I?'" **Describe how you respond to this passage.**

[Holy Thursday-April 1](#) Jesus asks his disciples, "Do you realize what I have done for you?" **How would you answer Him?**

[Good Friday-April 2](#) **Are we mere spectators to the events of Good Friday or are we active participants? If yes, where do you stand, outside with Peter, at the foot of the cross with Mary, or among the crowd? Explain why?**

[Easter Sunday-April 4](#) Similar to the first disciples, we are not entirely courageous and faithful witnesses to the Risen Christ. "Simon Peter...went into the tomb and saw the burial cloths there...the other disciple also went in, and he saw and believed". **What have you seen that helps you see the Risen Christ? What would you need to see to believe? Take this time to tell Jesus about it. He is waiting for this moment.**

The readings of the day can be found on the [United States Catholic Conference of Bishops Website](#)

The Diocese of Trenton is here to support you and your family.

Resources for families can be found on our webpage: [dioceseoftrenton.org](#)

