



FAITH AT HOME

Making Faith Come Alive for Your Family



Make the faith come alive for your family on Sundays by preparing all week.

- Pray an [Our Father](#) each evening.
- [Livestream Sunday Mass](#). Make a [spiritual communion](#).
- [Watch this video](#) about the return to Mass in our Diocese.
- Check your parish bulletin for the return of the Sacrament of Confession. Watch what one Parish is doing [here](#).
- Watch this [YouTube video for children](#).
- [Teaching your children to pray](#) - [Formed.org](#).
- Fr. Chris Dayton, [Hearing God's Voice](#).

... .May God give us eyes to see God, ears to hear God, and hands to bring God's work into the world. May we walk with God and preach the word of God to all. May the angel of peace watch over us and lead us at last, by God's grace, to the eternal kingdom.
Prayer of St. Dominic – Feast Day Aug. 8



19th Sunday of Ordinary Time
Aug. 9, 2020

Mass Readings

- 1 Kings 19: 9,11-13
- Psalm 85
- Romans 9:1-5
- Matthew 14:22-33

Discuss: Jesus takes the time to go up to a mountain alone and pray. Peter calls out to Jesus when he is in trouble. **What does your prayer life look like?**

The readings of the day can be found on the [United States Catholic Conference of Bishops Website](#)



Tip of the Week

"Lord, save me"....**immediately** He stretched out His hand... Mt. 14:30-31

Jesus is longing to spend time with us and waits for us to ask for His help. He is the only one who can save us. If you have not prayed in a long time and want to begin, find a quiet place, "your mountain," make yourself comfortable and start talking to Jesus for a minute, and then be silent for another minute to let him speak to you. Be attentive to how this affects you.

Check out these tips that can help you improve your prayer life:

- "[Praying as a family](#)" – Loyola Press
- Reading God's Word prayerfully ([Lectio Divina](#)).
- Spend quiet time with God in [Adoration](#).
- Worship God through [music](#).
- [3-minute retreats](#)-Loyola Press
- Watch [this series](#) on the importance of prayer in marriage.

Activities for Families

[10 August Activities for Families](#)

[Things to talk to God about](#) – Life Teen blog
[Global Life Night](#) – Life Teen gathering
[Project YM Live Sundays @ 8 PM](#)

The Diocese of Trenton is here to support you and your family.

Links provided are from trusted Catholic sites. Additional information can be found on our webpage: dioceseoftrenton.org/faith-at-home.

