



FAITH AT HOME

Making Faith Come Alive for Your Family



Make the faith come alive for your family on Sundays by preparing all week.



- Pray an [Our Father](#) each evening.
- [Livestream Sunday Mass](#).
- Watch this [video](#) about the return to Mass in our Diocese.
- [Pray to St. Peter & Paul on their June 29th Feast Day](#).
- Celebrate Independence Day with this prayer for our Nation.

God our Father, giver of life, we entrust the United States of America to your loving care. You are the rock on which this nation was founded. You alone are the true source of our cherished rights to life, liberty and the pursuit of happiness. Reclaim this land for your glory and dwell among your people. We pray through the intercession of Mary Immaculate, our Patroness. Amen



13th Sunday of Ordinary Time
June 28, 2020

Mass Readings

- 2 Kings 4: 8-16
- Psalm 89
- Romans 6:3-11
- Matthew 10:37-42

Discuss: Jesus asks us to “take up our cross”. Describe a time when you or a family member was going through a difficult situation. Do you notice that something good came of it?

The readings of the day can be found on the [United States Catholic Conference of Bishops Website](#)



Tip of the Week

“Our hearts are restless until they rest in you, O Lord.” St. Augustine

We are called to consider our ultimate purpose and meaning in our lives. By surrendering ourselves to the will of God, we will find that purpose and meaning.

Jesus wants us to carry our crosses, not for His benefit, but for ours. Although no one wants suffering, we will suffer at some time in our life. What good can come of suffering? What good came of Jesus’ suffering on the cross? Jesus says whoever losses his life will find it. Can we surrender ourselves and our sufferings to God so that He can make good come of them?

- Hang a crucifix in a prominent place in the home.
- Watch Fr. Chris Dayton’s [“Thoughts on a Restless Soul”](#).
- Watch Nick Vujicic’s [“Best Motivation from the Man with no Arms and no Legs”](#).
- Read [Rose Sweet on Redemptive Suffering](#).
- Watch the [Story of Job](#) for children.
- Listen to Fr. Mike Schmitz on the [Meaning of Suffering](#) or [How to pick up your cross](#).

Activities for Families

Summertime Activities for Families

- Watch these [stories of Catholic Heroes](#) on [Formed.org \(sign up here\)](#)
- [Global Life Night – Life Teen gathering](#)
- [Project YM Live Sundays @ 8 PM](#)

The Diocese of Trenton is here to support you and your family.

Links provided are from trusted Catholic sites. Additional information can be found on our webpage: dioceseoftrenton.org/faith-at-home.

