



First Reconciliation

Students Name: _____

Date of First Reconciliation: _____

Priest Signature and date _____

Please fill out form above and give to Priest at the time of First Reconciliation

----- cut here give above to priest -----

Review of receiving Sacrament

1: First, pray to the Holy Spirit to help you, then examine your conscience. Plan what sins you will tell the priest.

2: After the priest greets you, **make the Sign of the Cross.**

Say: "Bless me, Father, for I have sinned. It has been _____ since my last confession. These are my sins." (since this is first time you will just state that it is your first penance.)

3: Tell your sins simply and honestly to Jesus, who acts through the priest.

4: Listen to the advice the priest gives you and remember the penance he tells you to do.

Say: The Act of Contrition.

Oh my God,
I am sorry for my sins with all my heart.
In choosing to do wrong
And failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend, with your help,
to do penance,
to sin no more,
and to avoid whatever leads me to sin.
Our Savior Jesus Christ
suffered and died for us.
In His name, my God, have mercy. Amen.

6: The priest will then say a prayer of forgiveness this is called- absolution

answer: "Amen."

7: Thank Father and make sure you give him your Reconciliation Slip (above).

Do your penance right away if you can! Then thank God for his mercy.